



Happy Thanksgiving!

President's Message

Hi Friends and Members:

Can't believe it's fall already and the holidays are bearing down on us. This is a busy time for us all, but I want to remind you of a few things Mother Lode has going on these last two months of the year. Our November meeting is an important one in that you all have input determining your board for next year. Ballots will be in the mail by Wednesday and you are asked to return them by November 10. They will be counted at the November 15 meeting and your vote should be included. You can mail your ballot or bring it to the November meeting.

Our Christmas party this year is at STRINGS in Auburn on Wednesday, December 7 at 6:30 p.m. You can order from the menu and we can have separate checks, so everyone can order what they want. We just need your RSVP BY DECEMBER 5, so that the restaurant can set up seating for our group. Strings has a back room to accommodate our group and the restaurant is easily found at the corner of Highway 49 and Bell Road, by Kmart. You can email me at sue.rich@sbcglobal.net or phone me at 916-826-1796. Hope to see you there.

Instead of exchanging gifts, we are bringing horsey gifts for Toys for Tots, so if you can, bring a little gift to inspire the next generation to love horses as we do.

Suzanne McEuen and I will be going to Convention as your delegates. There are a few "hot button" resolutions that I want to make you aware of.

1. AHA wants to raise dues to \$50.00 due to the increased costs of operating AHA.
4. This resolution would enable clubs to hire Working Western judges for their shows within their own region. This could be a financial relief for horse show management.
5. This resolution refers to horse shoe regulations regarding shoe lengths, pads and bands. If this resolution impacts you and you would like your opinion included, please email me by November 15.
6. Gate time limit - first horse must enter one minute after gate opens, then no more than one minute later next horse should enter or the gate will be closed. There should be a steady stream and if the stream is broken, after 2 minutes the gate will be closed and judging will commence.

Some of the resolutions concern sport horse rule modifications, so if any touch your realm, please advise me of your preferences. ALL RESOLUTIONS can be found on the AHA website.

We hope your holidays are wonderful and your horses are safe and happy. Please join us for our holiday party on December 7.

Sue Rich
President

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Don't Forget to send in your ballots by November 10 or bring them to the Board Meeting on November 15!

Annual Mother Lode Christmas Party

Wednesday, December 7, 2016
6:30 p.m.

Strings Italian Restaurant
2501 Bell Rd., Auburn, CA 95603

WE WILL BE COLLECTING
"HORSEY" TOYS FOR TOTS

Please bring an unwrapped toy (a "horsey" one if you can find it) to make the Christmas season a happy one for unfortunate children in our neighborhood!

RSVP to Sue Rich at sue.rich@sbcglobal.net or call her at 916-826-1796, no later than December 5 so we can give a head count to the restaurant
We will be ordering off the main menu

MLAHA BARBECUE

Despite some wild weather, a great group of MLAHA members and guests braved the elements to attend the barbecue at Pat and Harley DeLano's Aralia Arabians on October 15. Since rain threatened, the actual barbecue was move indoors, but we all enjoyed a wonderful tri-tip meal with some potluck great dishes and the rain held off long enough for us to go out and see Pat and Harley's beautiful Arabians. In attendance were Sue and Steve Rich, Suzanne McEuen, Terri McGoldrick, Marty and Ken Counts, Jean Zabriskie, Gerry Alexander, Linda Siegel, Dee Matlock, Robert Traveller, Rik Augustin, Sylvia and Jeff Lyn, Jim Panik, Susan Marcyan, Shannon Constanti and Terry Reed with her friend Ty, Brenda Ruedy, and a visiting couple from Pilot Hill.

Thank you, Pat and Harley, for opening your home to us!

MLAHA MEETING
Our November BOD meeting will be held at Original Mels in Auburn, 1730 Grass Valley Highway, on November 15 at 6 p.m. EVERYONE IS WELCOME TO ATTEND



Reminder – MLAHA is sponsoring a high point Arabian buckle at the El Dorado County Fair Fall Schooling Horse Show Series. The next show is November 13 – it's not to late to get involved and compete for that beautiful buckle! For entry information, contact Anne Frost at maidenrock@fiddletownca.net

MLAHA BOARD

Sue Rich, President	916-826-1796
Terri McGoldrick, Vice Pres.	530-887-8184
Jean Zabriskie, Treasurer	530-333-4243
Charleene Naughton, Secretary	916-996-8362
Pat DeLano, Director	530-745-9537
Marty Counts, Director	916-704-4616
Suzanne McEuen, Director	707-373-7269
Sue Rich, Membership Chair	916-826-1796
Linda Siegel, Past President	916-980-9072

AHA Delegates:

Sue Rich
Marty Counts
Suzanne McEuen
Charleene Naughton

Marty Counts, *Tailings* Editor
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2016 ELECTIONS

Pursuant to Article VI of the MLAHA Bylaws, the Board of Directors formed a Nominating Committee to prepare a slate of candidates for this year's election. The Committee has prepared the following list of candidates running for the MLAHA Officer and Director positions for 2017, and for the position of Delegate to the Arabian Horse Association Convention.

Executive Committee		
<u>President</u> - Sue Rich	<u>Directors (3)</u> Patricia DeLano Joan Brase Banahan Suzanne McEuen Marty Counts	<u>Delegates</u> Suzanne McEuen Charleene Naughton Sue Rich Marty Counts
<u>Vice President</u> - Cheryl Black Hansen		
<u>Secretary</u> - Charleene Naughton		
<u>Treasurer</u> - Jean Zabriskie		

Ballots will be mailed out soon. If you are a voting member (i.e., not an associate member) of MLAHA, please review the following resumes carefully and return your signed ballots so they are received no later than November 10, 2015 (or better still – bring your ballot with you to the November 16 meeting!). On your ballot, you may vote for delegates in order of preference. You may vote for as many as you like. The person who receives the most votes will be the primary delegate. On your ballot, you will also have the opportunity to write in a candidate for any position. Finally, the current President, pursuant to our by-laws, is always a member of the board as "Past President." (Should Sue Rich be re-elected, as appears certain, Linda Siegel will continue as Past President.)

Results of the election will be announced at the November meeting and introduced to the members at the Christmas dinner. Results will also be posted in the January issue of Tailings.

RESUMES

SUE RICH - PRESIDENT AND AHA DELEGATE

I have been President of the Mother Lode Arabian Horse Association and AHA Delegate for the past year. Prior to that, I was Vice-President for three years. During that time I have worked to make our activities fun and enriching for our club members and encouraging for our youth members.

During the years I have been in office, we have had Trail Trial Clinics, ranch visits, and sponsored 5 children for the summer horse camp at Lacey's. I have also been involved with the Fuzzy Wuzzy horse shows and Trail Trials this year and organized the annual Christmas party. My goal as President is to encourage horse enthusiasts to get involved with their horses, and to provide more activities for youth members to participate with their Arabians..

I hope you elect me to President for 2017 and/or AHA Delegate, and that we see you at our activities.

RESUMES (cont'd)**CHERYL BLACK HANSEN - VICE PRESIDENT**

Please consider my nomination to run for the Office of Vice President for the upcoming 2017 club elections.

I have been a member of the Mother Lode Arabian Horse Association since the late 80's. During that time, I have served on almost every position as an elected official for Mother Lode. Most recently, I have served as your club Vice President. Additionally, I managed your Fuzzy Wuzzy Horse Show and worked diligently to help the rest of the elected officials put on the yearly Trail Trials. On the Regional Level, I currently serve as a member on the Sport Horse, Dressage, and Convention Planning Committees of which I hope to continue in the years to come with your support for me this coming year as your elected Delegate.

I ask for your support and vote for the office of Vice President in the upcoming club elections. Thank you, Cheryl Black Hansen

CHARLEENE NAUGHTON - SECRETARY AND AHA DELEGATE

My name is Charleene Naughton, your current Mother Lode Arabian Horse Secretary and I'm running for Secretary again as well as Delegate. I've been involved with numerous aspects of the Arabian Horse community for more than 35 years and a member of Mother Lode for at least 31 of those.

I've been involved in various Mother Lode functions, such as, Fuzzy Wuzzy Show and Trail trials and some of you have probably seen me handing out ribbons. Over the years I held various positions within the club such as Member of the Board, Secretary, Vice President and President. Also, sub'ed as a delegate on occasion and the list goes on.

I haven't shown any of my horses for a number of years, right now I have 3 senior citizens (horses 27, 25, & 22). However, the Sport Horse & Reining look interesting.

JEAN ZABRISKIE - TREASURER

I am the current Treasurer of the Mother Lode Arabian Horse Association and I am running for re-election. From my first horse in 1978, Arabians have been my breed of choice. In 1983 I was hired by Brumarba Arabian Stud and worked for Bruce Clark and Gerry Alexander from 1983 until they sold the ranch in 1999. During my Brumarba years I had the privilege to be around some of the great stallions of the breed, such as Barich de Washoe and Simeon Shai. I also foaled out the mares, assisted with the breeding, organized the annual Picnic, traveled to shows (including Spain and France), raised my daughter (adopted from Mexico at age 10), and put lots of NATRC miles on my gelding. I was involved in the running of the first Western States Horse Expo in 1999 and worked there as the show manager for fifteen years. I am now working in the accounting field. I am certified in Event Management and have a Business Certificate. I am proficient in Quickbooks, can make up budgets, reconcile bank accounts, prepare accounting reports, etc. I have been involved in Mother Lode as a participant for several years; showing at the Fuzzy Wuzzy and Trail Trails. I have also chaired both events. I have been able to get many sponsors for our events and organized raffles at Fuzzy Wuzzy and the Christmas party. My gelding, Suncatcher SMF and I show in western pleasure, the new western dressage classes and enjoy riding the trails. Gerry and I also have 4 other Arabians at the small ranch we share. The Arabian horse is my passion. I am completely dedicated to promoting the Arabian and will continue to work to that effect if I am re-elected. I feel that I have done a good job as Treasurer this past year and am qualified for the position of Treasurer as stated by my qualifications above. Thank you, Jean Zabriskie

RESUMES (cont'd)**PAT DELANO - DIRECTOR**

I went to look at a running Qtr. horse and was also shown an Arabian. I was hooked! The mare was 8 years old and sadly we lost her last year at 32 years of age. I have been involved with showing Halter and Performance Horses at the U.S. Nationals, Canadian Nationals, Scottsdale, the Egyptian Event, and numerous Class A shows. I have also been involved with my own breeding program standing three Arabian Stallions.

Thank You in advance for considering me for a Director position.

Sincerely Pat DeLano

SUZANNE McEUEEN - DIRECTOR AND DELEGATE

My husband, Clyde, and I have 8 Arabian horses, and were blessed with a new filly sired by QR Marc this year. Aside from my human family, they are my greatest passion. We enjoy breeding, raising and showing them. I cherish the times spent camping and riding the trails, showing Amateur in halter and performance and most of all, being there when our babies are born. Some of the most rewarding and heartfelt times have been with those who we have brought into this world and are now with their new owners, who love and enjoy them to the fullest.

I have been a member of AHA for over 35 years, serving as Officer, Board Member, Delegate and on various committees for my local organizations over the years.. During the current year, I have served as Director and am honored to represent MLAHA as Delegate at the 2016 AHA Convention. Supporting our members and understanding what they feel and want MLAHA to represent, is very important to me. Being a voice for the membership, recognizing change and adapting to it, listening to input and taking action on important issues in a positive manner, focusing on what is best for the Breed, having fun along the way and attracting others to join with us on this great adventure, is my commitment to you.

I appreciate your vote, Suzanne McEuen

JOAN BRASE BANAHAN - DIRECTOR

Joan is a retired financial analyst with Intel Corporation. She had been an active member of MLAHA as a supportive "step-mother" while raising her two daughters, Staci and Renae, over the past few years. Joan supports administrative duties for Fuzzy Wuzzy shows and helps as needed for various other events.

MARTY COUNTS - DIRECTOR AND AHA DELEGATE

My husband Ken and I have been breeding Arabians in the Placerville area for over 25 years. We enjoy trail riding and limited performance and halter showing, but we love the babies. I have been president of the Northern California Egyptian Breeders organization, now defunct, and was the regional director for the Pyramid Society for many years. For the past 8 years, I have been on the board of directors of the Silver Sire Breeders, Inc., and I designed and maintain their website. Finally, for the last several years I have been the editor of our MLAHA monthly newsletter, *Mother Lode Tailings*. I am currently a Director of MLAHA and in 2015 I attended the AHA Convention as Delegate.

If elected as Director and/or AHA Delegate, I look forward to working another year for MLAHA.

FROM OUR MLAHA SECRETARY – CHARLEENE NAUGHTON

Whether they're gracing a fall table scape or waiting to be picked from a patch, pumpkins are everywhere these days. If you're a pet parent with pumpkins to spare, why not share some with your pup?

Pumpkins are as tasty to dogs as they are good for them. Giving your dog a few spoonful's of cooked or pureed pumpkin sends vitamins like zinc, iron, and beta carotene into their system. Pumpkins also contain fiber, which can help control digestive problems

But before you go dicing up a Jack-o-Lantern, keep in mind that there are a few pointers to follow when feeding Fido pumpkin. Here are some of the healthiest ways to serve up pumpkin to your pooch.

Canned or pureed

Canned pumpkin is good for both dogs and cats. Regularly adding a bit to your pet's food can help soothe an upset stomach and keep constipation at bay, experts say.

"Canned pumpkin sometimes is recommended by veterinarians for its soluble fiber content," Dr. Tony Buffington, DVM told PetInsurance.com. "Canned pumpkin is 90% water, so it is quite nutrient dilute. It adds mostly water and a little soluble fiber to pet foods."

It can be purchased from your local grocery store, where it often sits near pumpkin pie filling. Be sure not to confuse the two, as pumpkin pie filling contains more sugar and spice than a dog's body can easily handle.

Pet parents can also whip up a homemade pumpkin puree by roasting or boiling a small pumpkin, then pureeing it in a blender or food processor.

How much pumpkin is safe?

Too much of a good thing is possible in the case of pumpkins. They contain beta carotene, which converts to vitamin A -- a fat-soluble nutrient that can be toxic to dogs in excess.

The amount of pumpkin you can safely feed your dog depends on his or her size. If you have a small dog, a few teaspoons each day should be enough. Large dogs, on the other hand, can be given a few tablespoons of canned or cooked pumpkin.

Halloween pumpkin safety

During a season in which pumpkins are everywhere, pet owners should monitor their dogs to make sure they don't gorge on gourds. Raw pumpkins are not as pet-friendly as cooked pumpkin.

Keep these safety tips in mind to ensure your dog stays healthy.

- **Don't allow dogs to eat the shell of a pumpkin or gourd.** Dogs should never eat the stem or outer shell of a pumpkin. Following this tip is especially important during fall, when pumpkins may be covered in paint, glitter, or other substances that may be toxic to pets.
- **Keep dogs from eating raw seeds.** The raw seeds and innards leftover from your pumpkin carving endeavor may tempt dogs, so keep seeds out of paw's reach. Dogs can have pumpkin seeds, but veterinarians recommend roasting and grinding them up first.
- **Discard carved pumpkins after Halloween.** After their night of greeting trick-or-treaters, carved pumpkins may begin to deteriorate and grow mold, making them dangerous to dogs.
- **Go flame-free.** Candles in carved pumpkins may be a hazard, since pets can easily knock pumpkins over. But you don't have to sacrifice a glowing Jack-o-Lantern to mitigate the risk of a fire. For a safer, longer-lasting glow, pick up battery-operated candles instead.



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